

The Spirit of Touch Drawing

You can find versions of the story of how Touch Drawing came into my life on the DVD or download 'Through the Veil', in the book 'Drawing Out Your Soul', or in the 'Articles' section on the website www.touchdrawing.com. Please be familiar with this story before facilitating. There is also a short article in the handouts section. Please copy this for your participants.

I created my first Touch Drawings on my last day in art school in 1974. The experience was much more than stumbling across a unique art technique. In those magical moments, I had a sense of profound opening, as if I was accessing something outside of time as I knew it. Yet it was connected to all of time. My awareness stretched back to human beings eons ago, making the mark of our hands on the cave walls. I had a sense that this way of drawing with the fingertips was linked with these ancient primal human expressions. I gazed forward in time and realized this process could enable expression of a fluid evolving human consciousness in the future. It felt like I had just received a gift that was not only for my personal use. This gift came with a responsibility; to plant seeds that could sprout and grow on into the future.



There was a sense of presence behind this process. Through the years I have come to call it The Spirit of Touch Drawing. Its identity remains a mystery – is this some deeper part of myself, a multi-dimensional being, a pattern on the inner planes beginning to take form? Or is it some relationship between these elements? I continue to ponder this question with an awareness that all of my mental concepts are limited.

I do know that the first time I tentatively invoked The Spirit of Touch Drawing at the opening of a workshop, I noticed a greater coherence in the atmosphere. Participants seemed to drop more deeply into their selves than ever before. From that day on, I began to invite The Spirit of Touch Drawing at the opening of all my workshops. I had to transcend my embarrassment at what could seem to some a strange thing to do. Now, when I evoke this presence, I immediately feel the emergence of a strong resonant field. I ask that we be enfolded in a deep and sacred space, and that each participant has an experience appropriate to their particular needs. I then invite them to open to their inner wisdom and guidance in their own way. This clear intention setting process seems to enable the powerful transformational work to happen in an organic and grounded manner.

I invite you to develop your own relationship with the Spirit of Touch Drawing. Feel free to define it in any way that is comfortable for your belief system. You are a unique seed carrier, with your own gifts. What impulse called you to share this powerful creative process with others? I invite you to sink your roots into our common source, blossom in your own beauty and spread the seeds that form uniquely from who you are.